

East Bay Women's Health, Inc.

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D&C OR TERMINATION PATIENT INFO:

YOU HAVE RECEIVED A PRESCRIPTION FOR VICODIN OR TYLENOL WITH CODEINE, IBUPROFEN AND DOXYCYCLINE.

PLEASE TAKE THE IBUPROFEN AND THE DOXYCYCLINE APPROXIMATELY 1 HOUR BEFORE YOUR PROCEDURE.

PLEASE **DO NOT** TAKE THE VICODIN OR TYLENOL WITH CODEINE BEFORE THE PROCEDURE. THIS MAY CAUSE NAUSEA AND LIGHTEADEDNESS.

AFTER THE PROCEDURE

ANTICIPATE BLEEDING LIKE A LIGHT PERIOD AND MINOR CRAMPS THAT THE MEDICINE HELPS. TAKE THE VICODIN OR TYLENOL WITH CODEINE FOR SEVERE PAIN IF NEEDED. THESE MEDICATIONS SHOULD BE ENOUGH. IF NOT... CALL THE OFFICE.

IF YOU SHOULD START TO BLEED HEAVILY, I.E. SOAKED A PAD AN HOUR FOR 2 OR MORE HOURS, THEN YOU SHOULD CALL THE OFFICE. YOU MAY HAVE SOME RETAINED FETAL TISSUE OR CLOT WHICH IS IN NEED OF REASPIRATION.

IF YOU DEVELOP A FEVER WITH A TEMP ABOVE 100.5, OR DEVELOP A FOUL SMELLING DISCHARGE... THEN CALL THE OFFICE.

NO VAGINAL INTERCOURSE, TAMPONS, OR DOUCHES BEFORE I SEE YOU IN 2 WEEKS FOR YOUR FOLLOW UP VISIT.

IF YOU ARE TO BEGIN TAKING BIRTH CONTROL PILLS YOU MAY BEGIN ON THE SUNDAY FOLLOWING THE PROCEDURE. ANTICIPATE SOME SLIGHT BREAST TENDERNESS FOR THE FIRST COUPLE OF WEEKS... THIS WILL GO AWAY. I RECOMMEND YOU BEGIN TAKING THE PILL BEFORE BEDTIME EVERY NIGHT TO AVOID ANY POSSIBLE LIGHT NAUSEA WHICH MAY OCCUR DURING THE FIRST COUPLE OF WEEKS OF THE PILLS.

IF YOU HAVE ANY QUESTIONS, PLEASEE FEEL FREE TO CALL THE OFFICE

I'LL SEE YOU IN 2 WEEKS