

Webster Surgery Center
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Dr. Glen Lau

Blepharoplasty Special Post-Op Instructions and Comments

1. After surgery, sleep and rest with your head elevated on at least two pillows. Remain inactive either in bed or on the sofa for 24 hours.
2. Swelling, bruising and discoloration can last about the eyelids for approximately 2 weeks.
3. Do not be alarmed by small amounts of blood that may ooze from the incisions for the first 24 hours.
4. No harm will be done to the eyes if you wish to read or watch television after the first 24 hours.
5. For the first 24 hours, apply compresses to both eyes using a wash cloth or gauze sponge placed in ice water and wrung out well.
6. Bring a pair of sunglasses with you the day of the surgery to be worn home. Wear a shirt/blouse that buttons down the front.
7. If you experience any sudden onset of pain in one or both eyes accompanied by increased swelling of the eyelids or eyeball, contact our office immediately, day or night
8. Sutures are to be removed after 3 days, in our office. A follow-up appointment will be made at the time of your surgery.
9. Makeup may be applied to the eyelids 4 days after removal of the sutures.
10. You may wash your face gently with soap and water 48 hours after surgery.
11. Plan on taking at least 1 week off from work to rest and recover.
12. Avoid bending over, as blood will rush to your head causing swelling and pain.
13. Smoking could lead to complications. D