

Webster Surgery Center
3300 Webster Street, Suite 1010
Oakland, CA 94609
(510) 451-1875

Dr. Glen Lau

Facelift Special Instructions and Comments

1. After surgery, sleep and rest with your head elevated on at least 2 pillows. Be inactive either staying in bed or on a sofa for 24 hours. Get up to go to the bathroom only.
2. Swelling and discoloration are expected about the face, ears and neck. This will disappear in about 2 weeks.
3. Report to your doctor any excessive or uneven swelling and excessive pain, which is not relieved by the oral pain medication. Report if there is more swelling on one side of the face than the other, or if the bandages seem excessively tight.
4. Do not be alarmed by small amounts of blood that may appear on the bandages.
5. Make-up may be applied over the skin of the face and to the edge of the surgical incisions 4 days following the removal of the sutures.
6. Shower and shampoo your hair 3 days after surgery by removing the dressings after they are wet in the shower do not bend down to wash your hair.
7. Avoid bending over as the blood rushes to your head causing swelling and pain.
8. Smoking could lead to complications.