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## **Liposuction Post-op Instructions**

1. Keep your garment on until you return to the office for follow-up care.
2. In case of discomfort, take extra strength Tylenol, one every 3-4 hours.
3. Do not take any aspirin or aspirin containing products.
4. Take your antibiotics as prescribed.
5. Do not drive for the next 24 hours after surgery.
6. Drink a lot of fluids.
7. Do not exercise during the first 7 days.
8. Continue to wear the garment as often as possible for 6 weeks after surgery.
9. If you experience any swelling or discomfort in the neck, knee or ankle areas, loosen the dressings.
10. For liposuction of the chin. Wear compression strap until you return to the office for follow-up care.