

Webster Surgery Center  
3300 Webster Street, Suite 1010  
Oakland, CA 94609  
(510) 451-1875

Dr. Robert Mooney

Post-Operative Orders Excision Spermatocele and Hydrocele

- Keep follow-up appointment
- Elevate bottom on pillow above heart until Sunday
- Ice placement 24 hours. On 20 min/ off 20 min. Ice pack can be on top or under scrotum
- Out of bed for bathroom only until you get up Sunday
- Change dressing every day or as needed. Penrose drain may come out on own anytime

The more you stay down – the better you get

Stay down until Sunday