

Webster Surgery Center  
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Oakland, CA 94609  
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Dr. C. Charles Wen

### Post-operative Instructions for Circumcision

You may experience lightheadedness, dizziness and sleepiness due to your anesthesia. Therefore, a responsible person must drive you home and stay with you overnight. For the next 24 hours:

- Do not drive a car, operate machinery or power tools
- Do not drink alcoholic beverages of any kind, including beer and wine
- Do not sign any important papers or make important decisions
- If possible, arrange care for dependent adults or children

#### ACTIVITY

- Rest at home today; increase activity gradually
- When you change position, move slowly to minimize any dizziness, nausea or vomiting
- Have a responsible person with you the first few times you get up

#### DIET

- Start with clear liquids (7-up, broth, jello, apple juice) and progress as tolerated to a light meal (soup, toast, cereal, etc.), then progress to more substantial foods later in the day
- Avoid highly spicy or greasy foods
- You should be able to resume your normal diet after 24 hours

#### MEDICATIONS

- Follow your surgeon's instructions for medications
- If pain medication is irritating to your stomach, take it with a small amount of food or drink
- Take your pain medication as soon as you feel pain – DO NOT WAIT
- Do not take aspirin or aspirin-like products (Ibuprofen, Advil, Nuprin, Motrin, Aleve, etc.) unless your surgeon has so advised you

#### DRESSINGS

- Remove in 24 hours
- Use Bacitracin ointment three times a day for 1-2 weeks

- Shower ok in 3 days

#### FOLLOW-UP APPOINTMENT

- Contact your surgeon for a follow-up appointment, if one has not yet been scheduled
- Phone: (510) 465-5800

Contact your surgeon (or his/her associate) promptly if any of the following occur:

- Bright red or persistent bleeding or swelling
- Persistent nausea or vomiting (greater than 24 hours)
- Unrelieved pain
- Temperature above 101°F
- Difficulty breathing
- Redness around the incision
- If your surgery was on an extremity, any change in color, mobility, feeling or temperature of fingers or toes
- Decreasing levels of responsiveness or consciousness

If you are unable to reach your surgeon, go to the nearest Emergency Department, or call 911 in an acute emergency.